

Love & Vegetarianism (part1)

愛與素食（上）

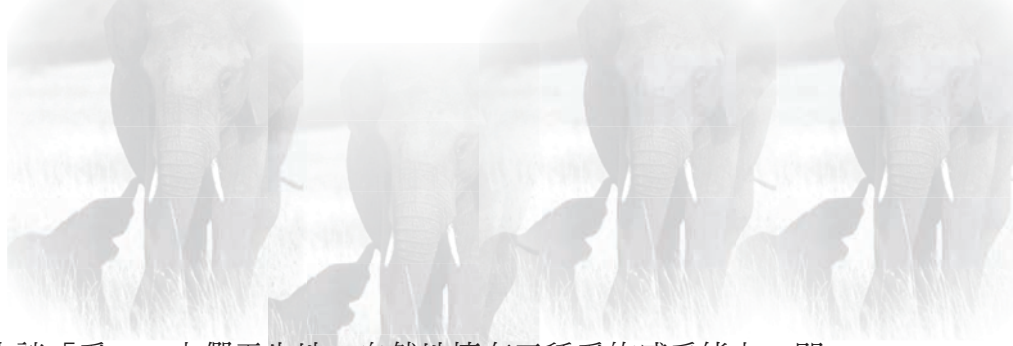
◎ 嚴國銘 *Jay yen*

I. Introduction

1. Ladies and gentlemen, I am grateful for the grace of God, virtues of Holy Teachers, Lao Qian Ren and Qian Ren, so that I can have this chance to share the topic with you..
2. Let's talk about "Love" first. People innately, naturally, have three senses about love, which are empathy, sympathy, and compassion. Empathy means you have the same experience, and you can understand others' feeling. Sympathy means that you are not necessarily have the same experience and know the people's feeling, but you feel sad for him. For example, as a man, of course, I don't have the experience to give birth to a baby, but I feel bad for the mother who is suffering from the process of laboring. Compassion means we not only understand others' pain, feel sad for them, but also try to relieve their pain, and give them happiness.
3. In Taiwan, most people become vegetarian because of religion; therefore, many people see vegetarianism as a kind of religious belief. However, today, I would like to say that the most important reason for being a vegetarian is "Love". Because of the three senses of love, we will naturally care about animals, people, environment, and ourselves.

I. 前言

1. 各位先生女士，後學感謝天恩師德，老前人、前人老慈悲大德，因此後學才有此機會在此與各位分享此議題。



- 2.我們首先談「愛」。人們天生地、自然地擁有三種愛的感受能力，即同理心、同情心及慈悲心。同理心代表您有相同經驗，且能瞭解他人的感受。同情心是指您不必然有相同經驗及瞭解他人感受，但您替他人感到難過。例如，後學是乾道，必然沒有生小孩的經驗，但後學也會替正在受分娩之苦的婦女感到難過。慈悲心則是您不但瞭解他人的痛苦，替他人感到難過，還會進一步地想要替他們解除痛苦，帶來歡樂。
- 3.在台灣，大部分的人是因宗教因素而吃素：因此，大部分的人都視素食主義為宗教信仰。然而，今天，後學想說，成為素食者最重要的理由是因為「愛」。由於上述三種愛的感受，使我們自然而然地關心動物、人們、環境，及我們自己。

II. Love animals

1. Christian Lion

There was a missionary walking in a grassland in Africa. When he found a lion following him, he immediately prayed and said, “Oh, God, please bless that the lion walking behind me is a good Christian lion.” Amazingly, he heard the lion not only spoke but also said that “Oh, God, thank you for giving me such a wonderful meal.”

II. 愛動物

1. 信基督教的獅子

從前有個傳教士走在非洲的草原上，當他發現有隻獅子在跟蹤他，他立即祈禱說：「噢！上帝啊，請保佑跟在我後面的是一隻好的基督教獅子。」令人驚訝的是，他聽到這隻獅子竟也對上帝禱告：「噢！上帝，感謝您賜給我這麼美好的大餐。」

2. Animals have feelings, emotions and love.

Some of my friends told me that animals do not have souls, so they are food for us. I may agree that animals are food for us if anyone agrees that we are food for lions. I am not sure that whether they have souls or not, at least they are cute, playful, and trustworthy. Also, one thing for sure is that they have feelings, emotions and love. Look at these two pictures. They are different kinds of animals, but when they are looking at their children, their eyes are all full of mother love. The greatest love which touches everyone's heart is the same as all human beings, including you and me.

Do you want some thing fresh? Try this, "Fresh Chicken Burger." So, if you take a look at the chick before they become chicken, no matter how delicious it is, it would be hard for you to enjoy this meal. Also, if your cat tasted like chicken, will you eat her?

2. 動物也有感受、情緒及愛

我的某些朋友告訴我動物沒有靈魂，牠們只是我們的食物。要我同意他們的說法很簡單，只要有任何人同意我們生來就是獅子的食物。我不敢說動物有沒有靈魂，但至少牠們很可愛、很好玩，又值得信賴。此外，有件能確定的事，他們也有感受、情緒及愛。請看這兩張圖片。圖中是兩種完全不同的動物，但當這兩隻母獸看著自己的子女時，她們的眼神都充滿了母愛。這種最偉大又動人心弦的愛，不論你我，都會被其所感動。你想要吃

一些新鮮的東



▲ 如果你的貓味道像雞肉，你敢吃嗎？



▲ 母猩猩的眼神充滿了母愛。

西嗎？試試看這個「新鮮雞肉夾餅」，如果你看到的是雞而不是雞肉，那不管它多麼美味，你難以享受這餐，同樣地，如果你的貓味道像雞肉，你敢吃嗎？

3. Introduce the film : Meet Your Meat

I think most of us have known how terrible the laughter house is and how people raise these animals, such as people cut animals' horns, teeth, tails, and beaks without pain killer.

But I still ask you to visit the website:<http://www.goveg.com/>, and see the film: Meet Your Meat, you will have stronger feeling to empathize and sympathize these animals. Some of you may think the film is too bloody and terrible; however, I am not asking you to see an exaggerated horror movie, but tragedies that happen to these innocent and helpless animals everyday.

(to be continued)



▲ 象媽媽愛兒情深。



▲ 這樣的雞肉漢堡您吃得下去嗎？

3. 影片介紹:與肉相遇

我想我們大部份都已經知道屠宰場有多可怕及人們飼養動物的方式有多糟糕，例如人們切掉動物的角、牙、尾及喙，都完全不用麻醉劑。

但我仍希望您能看看這個網站<http://www.goveg.com/>，並看此影片:與肉相遇，您將會有更強烈的感受而對動物們產生同情及同理心。某些人或許會覺得影片太過血腥、可怕，然而，我並非要求您看一部誇大的恐怖片，而是一部每天上演在這些無辜又無助的動物身上的悲劇。

(續下期)