



# Toronto Ming Hwa Temple

## 2025 Highlights

By Jennifer Lato

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Thanks to the grace of heaven and the virtues of our predecessors, our Ming Hwa Temple (Toronto) can look back at 2025 with humble pride and joyful hearts.

With the continued guidance and blessings of DCS Ho, Ming Hwa Temple (Toronto) expresses our heartfelt gratitude for the support, collaboration and leadership of DCS from I-Kuan Tao Ji Chu Zhong Shu. Together, their unwavering dedication, guidance and support allowed Ming Hwa Temple (Toronto) to host several important events and spearhead initiatives throughout the year 2025.

Here are the highlights:

In the Spring of 2025, the visit from Michigan Zhong Shu temple staff was a meeting of familiar faces, which resulted in a sincere and open-minded sharing of Tao experiences, best practices towards individual and collective spiritual growth and home cooked meals from Ming Hwa Temple (Toronto) staff.



# 加拿大明華道院多倫多講堂

## 2025年度回顧

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承蒙 天恩師德，以及前人輩德澤庇佑，滿懷謙卑與喜悅之心來回顧 2025 年度的明華道院多倫多講堂。

在何阿木點傳師的持續指引與德澤下，明華道院多倫多講堂衷心感謝基礎忠恕諸位點傳師的支持、合作與引領。前賢大德們道心堅定不移的奉獻、教導與協助，使明華道院多倫多講堂得以在 2025 年舉辦多項重要活動並推動多項計畫。

以下為 2025 年度的亮點：

春季時，密西根忠恕道院兩位點傳師（李寬仁與陳德修點傳師）和壇務人員蒞臨本壇，這是一場熟悉面孔的溫馨相聚。雙方進行了真誠且開放的道務交流，分享個人與集體修辦的心得與最佳證道實例，並享用由本壇成員親手準備的家常素食。

With excitement and genuine hospitality, our home cooks offered vegetarian buffets to our esteemed guests. Even our young members were delighted to serve our guests.

Our sharing sessions with Fatimah and Brenda allowed our young temple members to get answers to their questions on how to become kind, compassionate and purpose driven members of our Tao community. They asked important questions to Fatimah and Brenda, and in turn these gracious ladies took notes and guided them with useful tips and strategies.

DCS Lee and DCS Chen left our temple with a challenge for our youngsters – a book of reflections and creative work on Tao from their perspectives. Our young temple members accepted the challenge and we are proud to announce that the youth book will be launched soon. The book is a collection of literary and artistic work of young members from I-Kuan Tao temples in the United States, Canada and Philippines.

“This is dedicated to the child-like innocence that still lives within every adult. Although we are located in different parts of North America, we have chosen a genuine method to remind ourselves of this child-like-innocence and that is through sincere sharing by our children. We have recorded their feelings and thoughts about Tao to share with everyone. This was our original intention from the beginning. Like a diary filled with love, learning and growth, their words can inspire others in the Tao community and remind us of the child-like-innocence.” – excerpt from the *Reflections on Tao: Voices of our Temple Youth*.

Shortly after, DCS Lin with his parents from Calgary Ming Hwa Temple visited our temple. During their visit, (Toronto Ming Hwa Temple) staff explored future collaborations with Calgary Ming Hwa Temple.

In the Summer of 2025, we were graced by the presence of Leading DCS Chen from Australia. Ming Hwa Temple (Toronto) hosted a Dharma Blessing and Fellowship

我們的廚務組以熱情與真誠接待兩位點傳師及前賢們，準備了豐盛的素食自助餐，連年輕小天使們也樂於協助服務。

Fatimah 講師與 Brenda 壇主的分享座談，讓我們的青年有機會提出如何成為善良、有同理心、有使命感的道場青年等問題。兩位前賢耐心記錄並提供寶貴建議與方向。

李點傳師與陳點傳師更為青年們留下了一項挑戰——以自身視角創作一本關於道的反思與發想的創意作品集。青年們欣然接受挑戰，我們也很高興地宣布：「青年作品書籍即將出版！」這本書收錄來自美國、加拿大與菲律賓等地一貫道青年們的文學與藝術創作。

節錄書中內容如下：

「獻給心裡住著小孩，永遠不忘童真初心的大人。雖然我們都來自北美不同區域，但我們決定用最我們的方式——就是童言童語，來記錄表達這一群小天使對『道』的感覺和想法！這是我們一開始的初心，也是我們一起留下小天使在道場長大的學習紀錄與成長的足跡，就跟愛的學習日記一樣！」

不久之後，明華道院卡加利講堂的林進發點傳師偕同雙親來訪。林點傳師與我們深入討論未來合作的可能性，為兩地壇務交流開啟新的契機。

夏季時，我們有幸恭迎來自澳洲的陳平常領導點傳師蒞臨。陳領導點傳師帶領我們舉辦了點燈祈福法會與聯誼活動，吸引許多資深道親與新道親參與，場面



that gathered regular temple goers as well as new Tao relatives. It was a sacred event for our Tao community. Several people were blessed to receive Tao including a new born baby-boy.

Our Tao community was able to offer chances for Tao kin to renew their vows and re-establish their intentions to walk together as a family in our Tao cultivation journey. In this solemn event, participants showed deep sincerity to work on self-improvement and would follow the cultivation path of Zhong Shu. They believe this path could lead them to be the best version of themselves and become a benefactor for others through compassion and empathy.

In the Autumn of 2025, Ming Hwa Temple (Toronto) received esteemed guests from Taiwan led by DCS Tsai. The visit was warmly welcomed by our Tao community. We were grateful for the opportunity to learn from the wisdom of DCS Tsai. A vegetarian cuisine class was organized and led by master chefs Ya-Gui You and Li-Zhen Tsai. On that day, they taught us two dishes: Vegetarian Mock Drumsticks (bean curd sheet filled with minced bean curds) and Vegetarian Wontons. The master chefs generously shared techniques and recipes in making these two dishes. On other occasions during their visit, they made special vegetarian dishes for our Tao community. We also had Tao initiation ceremony for new members.



莊嚴殊勝。多位新道親在此次殊勝活動中亦求得寶貴大道，其中包括一位剛出生的男嬰。

道場為道親提供精進、立愿、了愿的機會，道親們像家人般彼此扶持，共同邁向修辦之路。莊嚴的點燈祈福法會中，眾人展現至誠之心，愿精進自我，依循忠恕之道修行。大家深信真修實辦必能成就更好的自己，並能在發心了愿中以慈悲心與同理心修己利人。

秋季時，我們迎來台灣的蔡雲龍點傳師和同行的前賢們。道親們熱烈歡迎，並十分珍惜能向蔡點傳師學習的機會。藉由此次機緣，特別安排了素食料理教學，由游雅貴學長與蔡麗貞學長兩位大廚親自授課，教授兩道料理：素雞腿（豆皮蔬食餡）、素餛飩。兩位大廚慷慨分享食譜與烹飪技巧，並在往後幾天也為道親們準備特色素食料理。此外，也藉此難得機會辦道，同賀幾位新道親得到寶貴大道，場面溫馨莊嚴。



Ming Hwa Temple (Toronto) has been participating in the I-Kuan Tao Ji Chu Zhong Shu North America Tao Spiritual Growth English online classes since its inception. In October 2025, we were given the opportunity to host the entire session from beginning to the end. Our speakers, Brenda Entote and May Tsai worked hard to rehearse their presentations. Our technical experts Goodrich, Xiao Dao and Allen ensured connectivity was flawless. Other members stepped up to fill in roles here and there. Speakers Brenda and May delivered inspiring messages on Filial Piety and shared their own challenges and learning in their respective Tao cultivation journey. It was tear-jerking and impactful to the listeners.

Ming Hwa Temple (Toronto) closed 2025 with the participation of Alan Lato in speaking about the Importance of Living in the Present at our I-Kuan Tao Ji Chu Zhong Shu North America Tao Spiritual Growth English online class. Alan touched on watching our ego and how to be mindful of ourselves by living in the present moment.

Lastly, 4 of our young members received their certificates for volunteering at the Michigan Zhong Shu Temple in the Summer of 2025.



在基礎忠恕北美英文心靈成長班線上課程：首次全程操持。

明華道院多倫多講堂自北美英文心靈成長班線上課程開班以來，英語人一直積極參與。西元 2025 年 10 月，我們首次獲得學習當天所有流程的機會：從開班參駕操持、課程講述、中間休息到閉班辭駕。Brenda Entote 道務助理與 May Tsai 講師反覆地練習所要分享的內容；技術組 Goodrich、小島兩位前賢與何昇育道務助理則確保整場技術連線順暢；其他成員也主動協助各項工作，展現團隊合作的力量。Brenda 道務助理與 May 講師分享了對孝道的深刻體悟，也敞開心胸談到她們在各自修道旅程中的挑戰與學習。她們真誠的分享令人動容，深深觸動了所有聽眾。

明華道院多倫多講堂在 2025 年的尾聲，由 Alan Lato 學長於北美英文線上心靈成長課程中分享「活在當下」的重要性，為本年度劃下圓滿句點。Alan 學長提到如何覺察自我、觀照自我意識（ego），並透過活在當下來保持身心的覺知。

最後，多倫多有四位青少年成員於夏季前往密西根忠恕道院擔任夏令營服務志工，並獲頒志工服務證書，也為本年度青年道務活動留下一個美好的紀錄。